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 Health Officer, Howard County Health Department

Steven C. Snelgrove, HCLHIC Co-Chair
 President, Howard County General Hospital

Howard County Local Health Improvement Coalition

Healthy Weight Work Group Meeting

August 24, 2017 – 9:00 – 10:30 a.m.

Barton A/B

Minutes

Members Present:

Melanie Berdyck, Giant Food Inc.
 Tara Butler, J2BH
 Maria Carunungan, HCHD
 Katie DiSalvo-Thronson, Horizon
 Vanessa Michel, HCHD
 Cindi Miller, HCGH

Shawni Paraska, Columbia Association
 Glenn Schneider, Horizon
 Kayla Kavoukas, HC Health Department
 Shawni Paraska, Columbia Association
 Patrice Tucker, United Healthcare
 Barbara Wasserman, Community Member

Guests Present:

Amy Bocala, J2BH Volunteer
 Clarence Hall, St. Johns Baptist Church
 Darriel Harris, Baltimore Food and Faith Project

Staff Present:

Kelly Kesler, HCLHIC Program Director
 Mary Wahl, LHIC Program Manager
 Lauren Williams, HCLHIC Program Coordinator

Topic/Agenda	Discussion	Action/Follow-up/Outcome
Welcome and Introductions	<p>Lauren Williams called the meeting to order at 9:05 a.m.</p> <p>Group members introduced themselves.</p>	
Approval of Minutes and Announcements	<p>Lauren Williams shared that the work group meeting would be recorded for production of minutes.</p> <p>Lauren Williams provided a brief overview of the July workgroup</p>	<p>Minutes from the previous meeting will be available one week prior to the next meeting date at http://www.hclhic.org/membership/meeting-portal.</p> <p>Group members are encouraged to provide event information for inclusion on the HCLHIC website</p>

	<p>meeting. Meeting minutes were sent out on August 2nd. There was one edit that has been corrected. A motion to accept the minutes as written was made by Barbara Wasserman and seconded by Katie DiSalvo-Thronson.</p> <p>Members were asked to share any announcements from their organizations.</p>	<p>and to visit the site for information on upcoming Healthy Weight Events: http://www.hclhic.org/news-events/lhic-and-partner-events/month.calendar/. To request an event be added to the HCLHIC Community calendar contact Kelly Kesler at kkesler@howardcountymd.gov</p> <p>Katie DiSalvo-Thronson announced two events with the Horizon Foundation :</p> <ul style="list-style-type: none"> • A community event: Open Streets Howard County October 1st • A grant funding opportunity: Changemaker Challenge <p>Kelly Kesler reminded everyone of Walk MD Day October 4th. Tara Butler mentioned Howard County is now registered and individuals are welcome to register on their own.</p> <p>Kayla Kavoukas shared September 19th is National Healthy Lunch Day. HCHD will be hosting a lunch and learn.</p> <p>Melanie Berdyck shared Giant is offering the Prevent T2 Diabetes Program by the CDC to hold diabetes prevention classes at select stores.</p>
<p>Delegate’s Report</p>	<p>Lauren Williams provided an update on the LHIC attendance at the 7/30/17 Farmer’s Market event and provided information and distributed flyers for the Farmer’s Market event on 8/27/17.</p>	<p>LHIC and WIC staff from HCHD and staff from the Roving Radish and University of Maryland Extension attended the Farmers Market at Oakland Mills on July 30th to share LHIC information and to distribute WIC Farmers Market vouchers for redemption. WIC vouchers were distributed to 9 individuals and 8 gift cards were distributed.</p> <p>LHIC, WIC and Healthcare Access Staff from HCHD and staff from the Roving Radish and University of Maryland Extension attended the Farmers Market on August 27th at Oakland Mills to share LHIC information and to distribute WIC Farmers Market vouchers for redemption and resources from the Healthcare Access Bureau. WIC vouchers were distributed to 45 individuals and 41 gift cards were distributed.</p>

Strategic Planning Session	Kelly Kesler led the discussion on the update of the developed goals, objectives and tactics prioritized for the FY18-20 Action Plan. This discussion was a continuation of the Strategic Planning Retreat held on May 2, 2017 and our July 27th workgroup meeting.	Coalition members shared perspectives on priorities and tactics. Updates will be shared at the full LHIC meeting.
Guest Speaker Presentation	Darriel Harris from the Baltimore Food and Faith Project with Johns Hopkins Center for a Livable Future shared insights about the program including its origin, overall goals, and successes and challenges.	<p>Additional resources about the Food and Faith Project:</p> <ul style="list-style-type: none"> • Johns Hopkins Health Review • Food and Faith Blog • Article summarizing curriculum • Podcast with Marc Steiner highlighting food work happening in Baltimore through faith groups. <p>*If you would like to see the Food and Faith curriculum, please contact Lauren Williams at lawilliams@howardcountymd.gov.</p>
Wrap Up and Adjournment	The work group meeting was adjourned at 10:30 a.m.	

Work Group

October 26, 2017 9:00-10:30 a.m. (Barton A&B)

November 30, 2017 9:00-10:30 a.m. (Barton A&B)

FULL HCLHIC

September 28, 2017 8:30-10:30 am **Please note this is a revised date*

Respectfully submitted by
 Lauren A. Williams, C.H.E.S.
 Program Coordinator, Howard County Local Health Improvement Coalition